



Citycare Medical, Wellness & Fitness Center

## WELLNESS PACKAGES

For booking and inquires:

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# GENERAL MEDICINE

## General Practice

Pharmacy ( +280 Medicines )

X-ray ( Numerical )

Ultrasound

EKG

## Laboratory Test

- Full Check Up Package
- Allergy Test
- Full Blood Test
- Cancer Cells
- Heavy Metals
- Minerals

Emergency Room

Surgery Room

Physical Therapy (Ultrasound,Laser,  
Light therapy)

IV Therapy ( Chelation, High Dosage of Vit C,  
Immune Booster, Anti - Aging,  
Skin Brightening)

And a Lot More

# ALTERNATIVE MEDICINE

## Nutrition

Acupuncture

Psychology and NLP

Hypnosis

Breathing Therapy

Chiropractic

Colonic Therapy

Detox

Wellness Program

Massage

Yoga

Zumba

Pilates

Fitness

ATP 38 Phototherapy

Orthotic Insoles

Skin Treatments

Stem Cells

Plastic Surgery

... and many more!

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# Multivitamin Formula with Extra Vitamin C

## IV THERAPY



### Why IV therapy?

A vitamin IV drip will give you a bigger immune boost than taking vitamins orally.

### Benefits of IV therapy:

- Improves immune health
- Boosts energy levels
- Fights colds and viruses
- Instant rehydration

Contains: Vit C, Vit B complex, Vit B1 to B12, Magnesium, Zinc...

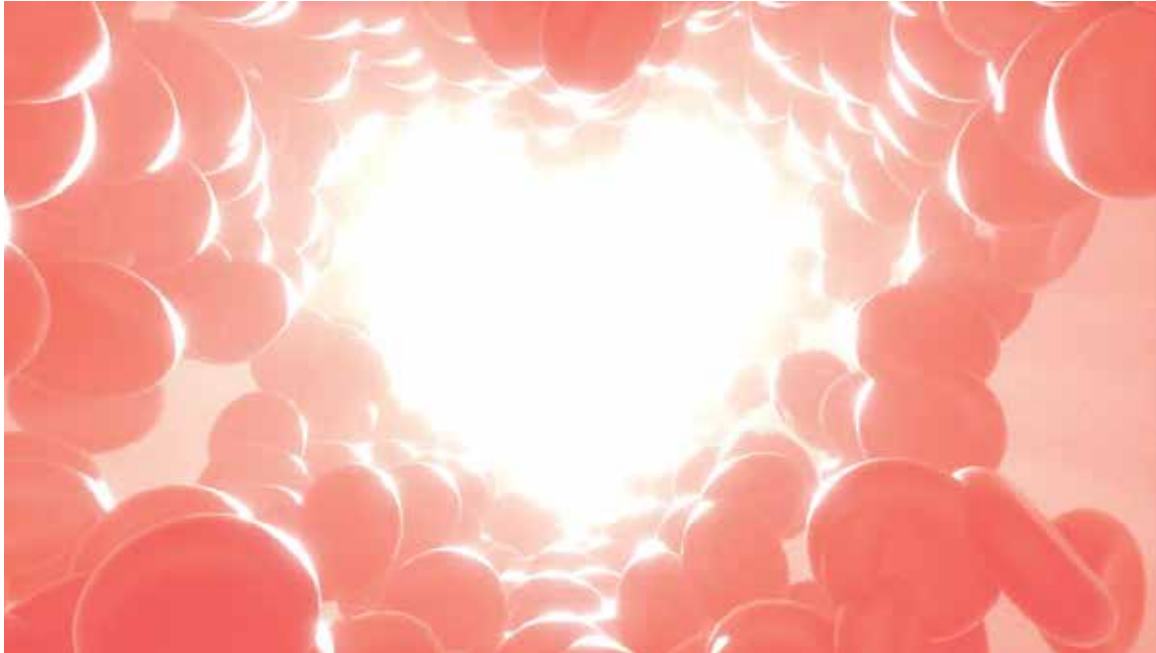
### PRICES

MULTIVITAMINS	1 TIME	3 TIMES	5 TIMES	10 TIMES
• Plus Extra 10g Vitamin C	฿ 1,500.00	฿ 4,400.00	฿ 7,000.00	฿ 13,000.00
• Plus Extra 25g Vitamin C	฿ 2,500.00	฿ 7,000.00	฿ 11,000.00	฿ 20,000.00

\* **RECOMMENDED** Once Per Week

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# Heavy Metal Cleanse (CHELATION THERAPY)



Heavy metal poisoning is caused by the accumulation of certain metals in the body (iron, lead, mercury...) due to exposure through food, water, industrial chemicals, or other sources, other inflammatory disease. Let your gut heal and repair - it is essential for your health!

In chelation therapy, a dose of a medication called EDTA is delivered into the bloodstream through an intravenous (IV) line. This medication seeks out and binds to metals in the bloodstream that later get eliminated through urine.

### What does chelation do?

- **Rejuvenates heart and blood vessels**
- **Improves liver and kidney function**
- **Increases blood flow to the brain**
- **Removes heavy metals from the blood**

### PRICES

• 1 Time	<b>฿ 3,500.00</b>
• 3 Times	<b>฿ 10,000.00</b>
• 5 Times	<b>฿ 16,500.00</b>
• 10 Times	<b>฿ 30,000.00</b>

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# IV Therapy and Chelation 2 IN 1

## IMMUNE BOOST PLUS HEAVY METAL CLEANSE



This is the best combination for everyone who wants to clean their blood from toxins and replenish their cells at the same time.

Try out our immune boosting and heavy metal cleanse formula in one treatment!

### Benefits of COMBINED IV Therapy and Chelation:

- 100% Absorption
- Complete rehydration
- Prevents illness
- Rejuvenates organs and blood vessels
- Removes toxins from the blood stream
- Boosts immune system

### PRICES

IV THERAPY and CHELATION	1 TIME	3 TIMES	5 TIMES	10 TIMES
• Plus Extra 10g Vitamin C	฿ 4,500.00	฿ 12,960.00	฿ 21,150.00	฿ 38,700.00
• Plus Extra 25g Vitamin C	฿ 5,400.00	฿ 15,300.00	฿ 24,750.00	฿ 45,000.00

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# Signature Skin Formula

## ANTI-AGING and BRIGHTENING



Try out Citycare's signature formula specially designed for everyone who wants to have an even skin tone, bright, rejuvenated and hydrated skin

### What does it do:

- Fights free radical damage and effects of pollution to the skin
- Improves blood circulation which results in increased collagen production
- Powerful anti-aging formula
- Brightens and evens the skin complexion
- Aids in moisture retention

### PRICES

• 1 Time	₱ 1,500.00
• 5 Times	₱ 7,000.00
• 10 Times	₱ 13,000.00

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# Radiant Me Formula

## IMMUNE BOOSTER and SKIN BRIGHTENING



Try our signature formula to support the immune system and brighten the skin at the same time. You get 10% discount on this combined therapy (signature skin formula plus multivitamins plus extra vitamin c)

### Benefits:

- Complete rehydration
- Biostimulation for the cells
- Anti-aging
- Fights free radical damage to the skin
- Improves collagen production
- Brightens the skin tone
- Fights toxins

### PRICES

• 1 Time	฿ 2,700.00
• 5 Times	฿ 12,600.00
• 10 Times	฿ 23,400.00

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# Quit Smoking Naturally (3 day program)



To be successful, smokers that want to quit need to have a plan in place to beat cravings and triggers. Did you know that benefits of quitting smoking begin in as little as 1 hour after the last cigarette!? Smelling better, waking up fresh and less risk of clogged arteries are just to name a few!

## THERAPIES

• GENERAL DOCTOR CHECK-UP (Vital Signs)	10-15 mins/ 1 day	
• CHEST X-RAY	5 mins / 1 day	
• ACUPUNCTURE (3x)	1h / 3 days	
• ATP-38 BIOSTIMULATION ON LUNGS Phototherapy (3x)	6 mins 20 sec / 3 days	
• E-book (Allen CARR)	Give to patient	
• Hypnotherapy (audio-cd)	40 mins / 3 days	
<b>TOTAL</b>	<b>3h 45 mins</b>	<b>฿ 7,500.00</b>
* <b>OPTIONAL</b> Pick up 3-day-detox plan each morning	3 days	฿ 5,850.00
** <b>OPTIONAL</b> Psychologist Session	45 mins	฿ 2,000.00
*** <b>OPTIONAL</b> Hypnotherapy (Therapist)	1 h	฿ 3,200.00

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\*\*\*\* Possible to do all sessions at once or including breaks throughout the day.

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# Healthy Spine and Joints (1 day)



Are you an athlete, sport enthusiast or work hard and drive often? If so, chances are you are experiencing back, neck, hip or shoulder pain often accompanied with headaches. When not treated, these ailments become chronic. Citycare has a great track record of helping patients with spine, muscle and joint pain, so why suffer any longer?

## THERAPIES

• CONSULTATION + TREATMENT	45 mins	
• ACUPUNCTURE	1 h	
• PHYSIOTHERAPY	10 - 60 mins	
• ATP 38 PHOTONIC BIOSTIMULATION	10 mins	
<b>TOTAL</b>	<b>2h 55 min</b>	<b>฿ 5,300.00</b>
* <b>OPTIONAL (HIGHLY RECOMMENDED) Posture Improvement</b>	1 h	฿ 2,500.00
** <b>OPTIONAL 100% custom orthotic insoles made on the same day</b>	One Pair	from ฿ 1,490.00 <b>Based on your foot size</b>

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# STEM CELLS TREATMENT



Done by orthopaedic surgeon

## THERAPIES

<ul style="list-style-type: none"> <li>ARTHEROSCLEROSIS (OA) Joints Knee Hip Shoulder</li> </ul>	<p><b>From : \$ 160,000.00 / Treatment</b></p>
<ul style="list-style-type: none"> <li>NATURAL KILLER CELL TEST Keep track of the Natural Killer Cells of your body from cancer</li> </ul>	<p><b>\$ 180,000.00 / Treatment</b></p>

NK Cells activity has been shown to be lower in patient with the following kinds of cancer :

Breast	Stomach	Hodgskins Lymphoma
Prostate	Pancreatic	Non - Hodgskins Lymphoma
Colon	Testicular	Multiple myeloma
Lung	Liver	Tumors of the head and neck.
Ovarian	Skin	....and more

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# STEM CELL FOR FACE REJUVENATION



- Restore the youthful contour of your face and improve the skin quality, tightness and color irregularities that is caused by aging without involving any surgery or incisions.
- Ideal for Aging Skin and Dehydrated Skin

## PROGRAMS

- Doctor consultation
- Facial Cleansing
- ATP 38 – Biostimulation
- Injection of cells (5 million)
- Injection of growth factor
- ATP 38 – Optimization
- Application of Cream Ointment
- Sunblock Cream

฿ 59,000.00

### Optional:

+ Sunblock Cream Tube **(2,000 THB)**

+ Injection of Growth factors **(EXTRA)**

**15,000 THB / time** for first session

**12,000 THB / time** for the second session onwards

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# PLASTIC SURGERY



## BREAST AUGMENTATION

Mentor

From **฿75,000**

Motiva

From **฿90,000**

## BREAST REDUCTION BREAST LIFT

From **฿150,000**



\* All plastic surgery procedures are done by a licensed medical Surgeon.  
\*\* Final surgical plan and price will be confirmed after consultation with the surgeon.  
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# PLASTIC SURGERY

**ARM LIFT**  
From **฿90,000**



**FACE LIFT**  
From **฿159,000**

**BOTOX**  
From **฿10,000**

**FILLER**  
From **฿12,000**

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# PLASTIC SURGERY



## THIGH LIFT

From **฿180,000**



## TUMMY LIFT

From **฿140,000**

## ABDOMINAL ETCHING

From **฿160,000**

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# PLASTIC SURGERY

## COSMETIC EYE SURGERY

Upper Eyelid  
From **฿17,000**

Lower Eyelid  
From **฿17,000**

Upper and Lower Eyelid  
From **฿30,000**

## NOSE SURGERY

Silicone  
From **฿18,000**

Rib cartilage  
From **฿24,000**

Ear cartilage  
From **฿22,000**

With Decrease Hump  
From **฿18,000**

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# ATP38 LOW INTENSITY LASER THERAPY



ATP 38, An exclusive, Painless and non invasive concept. A regenerative solution that provides pain relief, reduces inflammation, speed up wound healing (bone and gingival) and treats many diseases. The tissue biostimulation technique involving the use of this device is called LLLT (Low Level Light Therapy)

THERAPIES	
1 PROGRAM (any)	<b>฿ 500.00</b>
2 PROGRAMS ACNE (Acne Plus Biostimulation Program)	<b>฿ 800.00</b>
2 Programs + activate a cream program (for pain, scar, anti-aging and acne)	<b>฿ 1,200.00</b>
<b>AFTER SURGERY OR INJURY:</b> <ul style="list-style-type: none"> <li>• Analgesic, Anti-Inflammatory and Pain Relief Cream Activation - PAIN</li> <li>• Anti-Inflammation, Wound Healing and scar cream activation - SCAR</li> </ul>	
<b>ANTI-AGING</b> <ul style="list-style-type: none"> <li>• Rejuvenation, Face Lift or Wrinkle Program, Activation of a Face Serum</li> </ul>	
3 PROGRAMS in 1 ANTI-AGING Biostimulation, Rejuvenation and Wrinkles POST SURGERY OR INJURY Anti-Inflammation, Analgesic and Wound Healing	<b>฿ 1,000.00</b>

**Optional :** Oil Serum 10 ml **฿ 380**

Anti Aging 100 ml **฿ 400**

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# Citycare Cleanse (1 day)

Newest research shows that our general wellbeing and immune response starts with the gut. If we are suffering from poor digestion and imbalanced intestinal flora this can result in little or no absorption of vitamins and minerals from food, brain fog, arthritis, diabetes, skin allergies, moodiness, depression and other inflammatory disease. Let your gut heal and repair - it is essential for your health!



## THERAPIES

• GENERAL DOCTOR CHECK-UP (Vital Signs)	10 - 15 mins	
• COLONIC CLEANSE + (CHOSE A or B) (Purified Water)	1 h	
• CHOSE A I.V. THERAPY (Vitamin Coctail)	30 mins	
• CHOSE B ACUPUNCTURE	1 h	
• ATP-38 BIOSTIMULATION (Colon, Liver, Gallbladder, Kidney)	20 mins	
• 100% ORGANIC HERB CAPSULES (Constipation, Detox)	100 pcs	
<b>TOTAL</b>	<b>2h</b>	<b>A ₱ 5,200.00</b> <b>B ₱ 5,000.00</b>
* <b>OPTIONAL (RECOMMENDED)</b> <b>Lipid Profile and Sugar Level Test (in the morning on an empty stomach)</b>	10 mins	1,500.00
* <b>OPTIONAL Pick up Daily Detox Plan in the Morning</b>	1 day 3 days 5 days	₱ 1,950.00 ₱ 5,850.00 ₱ 9,750.00

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- \*\*\* Times and sessions are flexible, kindly book 2-3 days in advance.
- \*\*\*\* Possible to do all sessions at once or including breaks throughout the day.
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# Glowing Skin (1 day)



Take some “me-time” to get pampered and learn the newest skincare trends. Everyone deserves a healthy glowing skin!

## THERAPIES

<ul style="list-style-type: none"> <li>ATP 38 PHOTONIC SKIN CELL REPAIR (eczema, acne, wrinkles, scars, burns, psoriasis)</li> </ul>	6-10 mins	
<ul style="list-style-type: none"> <li>NATURAL FACIAL TREATMENT</li> </ul>	1 h	
<ul style="list-style-type: none"> <li>100% ORGANIC HERB CAPSULES 100x (anti-ageing and anti-oxidant)</li> </ul>	100 pcs.	
<ul style="list-style-type: none"> <li>NATURAL SKINCARE TALK Learn the difference between natural and synthetic products and how to read cosmetic labels.</li> </ul>	45 mins	
<b>TOTAL</b>	<b>1 h 55 mins</b>	<b>฿ 2,800.00</b>
<ul style="list-style-type: none"> <li>* <b>OPTIONAL NATURAL COSMETIC WORKSHOP</b> Make your signature make-up remover and formulation to take home and learn how to properly use essentials oils in skincare.</li> </ul>	1 h 15 min	฿ 1,300.00

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# WORKSHOPS



## PROGRAMS

<ul style="list-style-type: none"> <li>• <b>Natural Cosmetic Workshop</b> Make your signature make - up remover and formulation to take home and learn how to properly use essential oils in skincare.</li> </ul>	1 h	฿ 1,300.00
<ul style="list-style-type: none"> <li>• <b>Natural Skin Care Talk</b> Learn the difference between Natural and Synthetic product and how to read cosmetic labels</li> </ul>	30 mins	-
<b>TOTAL</b>	<b>1 h 30 mins</b>	<b>฿ 1,300.00</b>
<b>OPTIONAL</b> ATP 38 ANTI-AGING (Rejuvenation Face lift or wrinkle program, Activation of your face serum)	6-10 mins	฿ 500.00

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- \*\*\*\* Possible to use your face oil serum during ATP 38
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# GROUP THERAPY



## PROGRAMS

<ul style="list-style-type: none"> <li> <b>Adult</b>                      Minimum 4 persons, max 6 persons                      This workshop helps the participants by exploring interpersonal relationship and developing a better self-esteem.                 </li> </ul>	<p>1 h</p>	<p><b>฿ 500.00</b></p>
<ul style="list-style-type: none"> <li> <b>Children (Art Therapy)</b>                      This workshop will help child's creativity, develop autonomy and maturity and they will be able to identify their emotions to better understand and manage                       minimum 2 children, max 4 children                 </li> </ul>	<p>1 h</p>	<p><b>฿ 400.00</b></p>

**Available in English and French**

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# SPECIAL WELLNESS PACKAGES

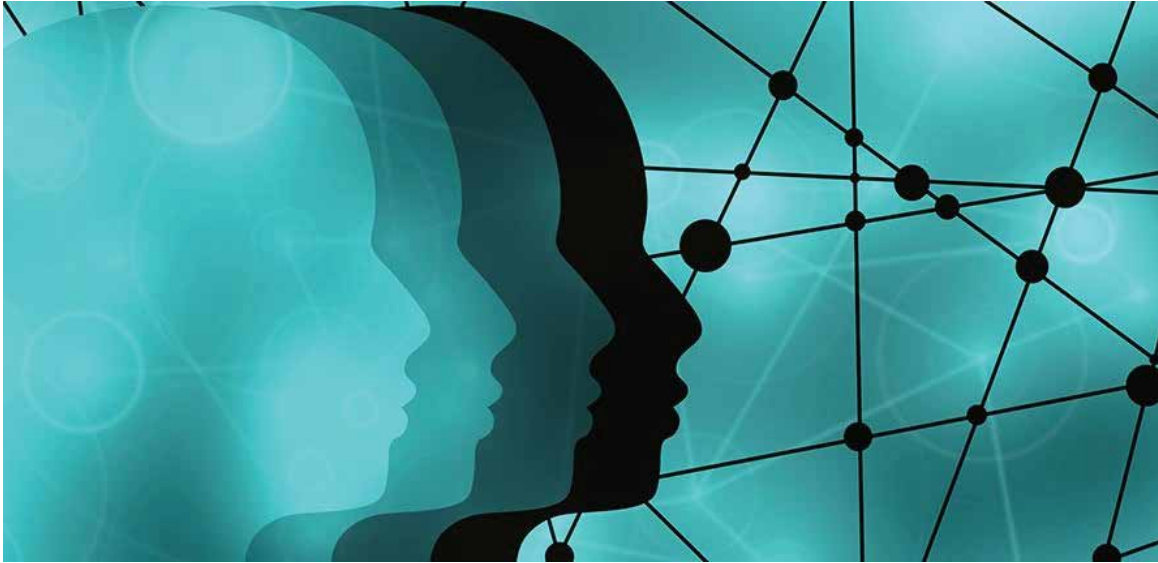


## THERAPIES

• OSTHEOPATIC + PSYCHOLOGICAL SESSION	1 h	<b>฿ 2,800.00</b>
• HYPNOTHERAPY + PSYCHOLOGICAL SESSION	1 h 30	<b>฿ 2,800.00</b>
• ACUPUNCTURE + PSYCHOLOGICAL SESSION	1 h	<b>฿ 3,000.00</b>

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# Clinical Psychologist Consultations



We all love the island life that Phuket offers us daily, and for many people, this way of life is enough to push away our emotions, especially when they are negative. We often do not take the time we need to take care of ourselves, so the stress of different aspects of our lives (career, children, spouses and parents) starts adding up and some very strong emotions that you do not understand surface. This often leads to anxiety or depression. A psychology consultant can help you to verbalize your repressed or uncounscious emotions, in order to overcome the daily difficulties. This is done per sessions.

## Psychological counseling and therapy (children / adults)

• 1 Session (45 mins)	<b>฿ 2,000.00</b>
• 5 Sessions	<b>฿ 9,000.00 (1,800/Session)</b>
• 10 Sessions	<b>฿ 17,000.00 (1,700/Session)</b>

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# Psychological Assessments



## Simply Psychology

Psychological assessments are useful for children and teenagers facing school difficulties and/or learning disabilities. We evaluate their strengths and weaknesses and come up with a solution with the assistance of the family and the teachers who then help the children to progress.

The cognitive assessment (WISC-V) or Attentional Functions Assessment (TEA-Ch) or Projective Test (Rorschach, TAT, Black Paw) include:

- the first session with the child and the family : anamnesis
- the second session : assessment + correction / analysis and interpretation of results / psychological report writing
- the third session : feedback session with the final report which includes a full explanation of the results.

It is necessary to start with a cognitive assessment first (evaluating various intellectual abilities) before Attentional or Projective Test, unless the children already did a cognitive assessment.

### Psychological assessments (children and teenagers only)

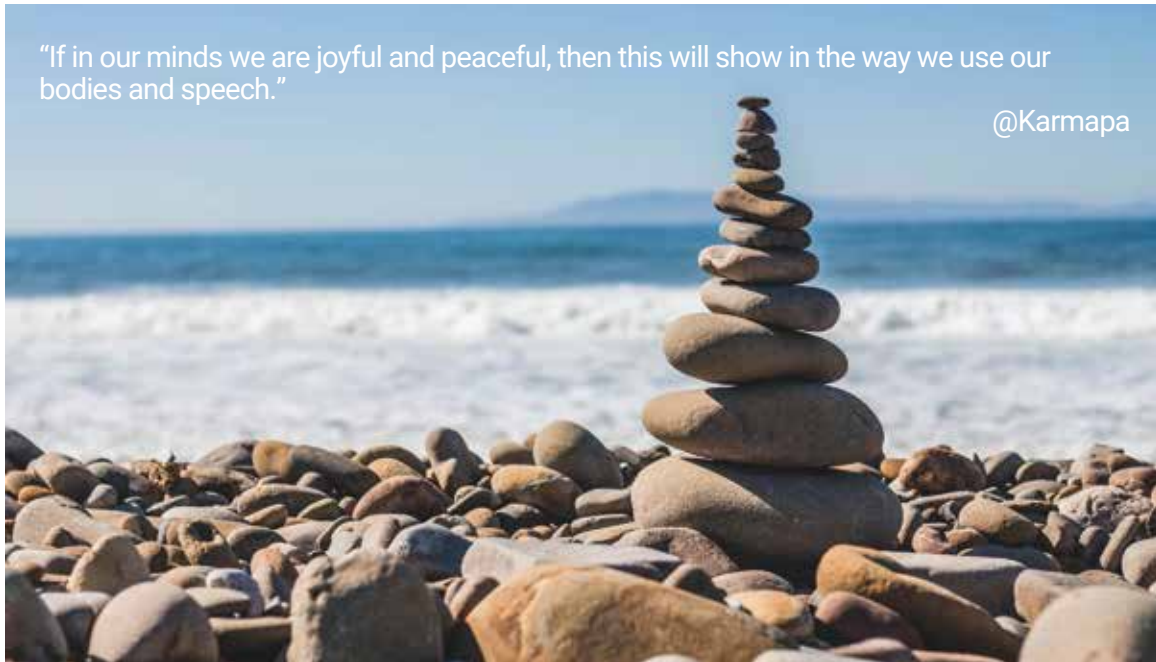
• 1 PSYCHOLOGICAL ASSESSMENT	<b>฿ 13,000.00</b>
• 2 PSYCHOLOGICAL ASSESSMENTS	<b>฿ 22,000.00</b>
• 3 PSYCHOLOGICAL ASSESSMENTS	<b>฿ 31,000.00</b>

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# Mind Balance (1 day)



This one-day program is designed to help you find inner peace and harmony by experiencing different calming techniques. Take a day off from everything and rebalance your energies.

## THERAPIES

• BREATHING THERAPY	1 h	
• CHOOSE A OR B A Yoga B Pilates	1 h	
• PSYCHOLOGY	45 min	
<b>TOTAL</b>	<b>2h 45 min</b>	<b>฿ 6,500.00</b>
* <b>OPTIONAL</b> Hypnosis (Fridays only)	1 h	฿ 3,200.00

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# Citycare Complete Detox (1 day)

Detoxification is a process of cleaning our cells from toxic or unhealthy substances that we are exposed to in our everyday lives. Heavy metal toxicity may cause:

- Nausea
- Vomiting
- Diarrhea
- Abdominal pain
- Migraines
- Heart problems
- Anemia

Citycare puts patient's safety in the first place, which is why this program is strictly performed under medical supervision.

## THERAPIES

• GENERAL DOCTOR CHECK-UP (Vital Signs)	10 - 15 mins	
• DETOX (Choose A or B) A I.V. THERAPY BASIC (Vitamin Cocktail) B CHELATION BASIC (Heavy Metal Cleanse plus Vitamin Cocktail)	Up to 1.30 h Up to 2 h	
• ATP-38 BIOSTIMULATION (Colon, Large Intestine, Stomach, Liver, Gallbladder)	20 mins	
• 100% ORGANIC HERB CAPSULES 100 pcs	take home	
• ONE DAY DETOX MEALS	take home	
<b>TOTAL</b>	<b>A : 2 h 15 mins B : 2 h 30 mins</b>	<b>฿ 5,300.00</b>
* <b>OPTIONAL Pick up Daily Detox Plan in the Morning</b>	1 day 3 days 5 days	฿ 1,950.00 ฿ 5,850.00 ฿ 9,750.00
** <b>FOR TARGETED CHELATION (results via email)</b> <b>Vitamin Test (Antioxidant plus 8 Lipid and Water Soluble Vitamins)</b> <b>Heavy Metal Test (Al, Pb, Hg, Cd, Mn, Co, Ni, As)</b> <b>Oligoscan (Full Heavy Metal Test)</b>	result in 5 days result in 7 days result in 1 day	฿ 5,000.00 ฿ 3,500.00 ฿ 4,500.00

\* Book at least 2-3 days in advance

\*\* Times are flexible, can be split into two sessions in the morning and 2 in the afternoon

\*\*\* Possible to do all sessions at once or including breaks throughout the day

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\*\*\*\*\* Please inform us if you have food allergies or any special dietary needs

# Take Away Detox (1, 3 or 5 days)



## THERAPIES

• GENERAL DOCTOR CHECK-UP (Vital Signs)	10 - 15 min	complimentary
• PICK UP YOUR DAILY DETOX PLAN		
	1 DAY	฿ 1,950.00
	3 DAYS	฿ 5,850.00
	5 DAYS	฿ 9,750.00
* <b>RECOMMENDED</b> Lipid Profile and Sugar Level Test (In the Morning on an Empty Stomach, No Food or Drinks 8h Before the Test)		฿ 1,500.00

- \* Times and sessions are flexible, kindly book 2-3 days in advance
- \*\* Possible to do all sessions at once or including breaks throughout the day
- \*\*\* For booking and inquires: [wellness@citycarephuket.com](mailto:wellness@citycarephuket.com) | +66 (076) 63-33-05
- \*\*\*\* Please inform us if you have food allergies or any special dietary needs

# ORTHOTIC INSOLES



Insoles for the effective treatment and relief of Heel Pain, Heel Spurs, Plantar Fasciitis, Ball of Foot Pain and Achilles Tendonitis.

- **GET A PERFECT BODY BALANCE**
- **REDUCE YOUR BACK PAIN**
- **RELEASE YOUR JOINTS**



PHYSIO  
RECOMMENDED



DESIGNED BY  
PODIATRISTS



INSOLES CAN BE  
TRIMMED TO SIZE



SUIT YOUR NEEDS  
WITH FOOTACTIVE

## Price start from : **1,490 THB**

\* All wellness programs are supervised by a licensed and qualified medical Doctor.  
\*\* For booking and inquires: [wellness@citycarephuket.com](mailto:wellness@citycarephuket.com) | +66 (076) 63-33-05

# ONLY THERAPY

THERAPIES	
NUTRITION ปรึกษาโภชนาการ	START FROM ฿ 1,500
ACUPUNCTURE ฝังเข็ม	START FROM ฿ 1,500
PSYCHOLOGY จิตวิทยา	} START FROM ฿ 2,000
• CLINICAL PSYCHOLOGIST CONSULTATION ปรึกษานักจิตวิทยา	
• PSYCHOLOGICAL ASSESSMENTS ให้คำปรึกษานักจิตวิทยา	
• HYPNOTHERAPY การสะกดจิตบำบัด	
BREATHING THERAPY การบำบัดระบบหายใจ	START FROM ฿ 1,500
CHIROPRACTIC การจัดกระดูกด้วยศาสตร์โรโทรเพคติก	START FROM ฿ 1,500
COLONIC CLEANSE การสวนล้างลำไส้ใหญ่	START FROM ฿ 1,600
DETOX การทำพิษ	
• 1 DAY	฿ 1,950
• 3 DAYS	฿ 5,850
• 5 DAYS	฿ 9,750
NATURAL FACIAL TREATMENT การบำรุงผิวหน้าและเสริมสวย	START FROM ฿ 1,500
NATURAL COSMETIC WORKSHOP การบำรุงผิวหน้าและเสริมสวย	฿ 1,300
OLIGOSCAN ตรวจวัดปริมาณแร่ธาตุและโลหะหนักในร่างกาย	฿ 4,500
ORTHOTIC INSOLES ตัดแผ่นรองเท้าเพื่อสุขภาพ	START FROM ฿ 1,490
OSTEOPATHIC การแพทย์แผนออสทีโอพาที้	START FROM ฿ 1,500
STEM CELLS การรักษาด้วยสเต็มเซลล์	START FROM ฿ 59,000
YOGA คลาสโยคะ	฿ 400 / CLASS
ZUMBA การรักษาด้วยสเต็มเซลล์	฿ 400 / CLASS
PILATES พิลาทิส	฿ 400 / CLASS
FITNESS ฟิตเนส	฿ 2,200 / MONTH
PLASTIC SURGERY ศัลยกรรมตกแต่ง	
• BREAST AUGMENTATION เสริมหน้าอก	START FROM ฿ 75,000
• BREAST REDUCTION ลดขนาดหน้าอก	START FROM ฿ 150,000
• BREAST LIFTING	START FROM ฿ 120,000
• FACE LIFT ยกกระชับหน้า	START FROM ฿ 159,000

### Terms and Conditions of Plastic Surgery :

- Prices are for uncomplicated cases
- The final surgical plan and price will be confirmed after your face to face consultation with the Surgeon
- The surgery may be done in 1 or 2 sessions.
- Cost of extra are not included in the package and will be charged at standard clinic prices
- Package price cannot be combined with any other special promotions or discounts
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# ONLY THERAPY

THERAPIES	
<ul style="list-style-type: none"> <li>• ARM LIFT ยกกระชับแขน</li> </ul>	START FROM ฿ 90,000
<ul style="list-style-type: none"> <li>• THIGH LIFT ยกกระชับต้นขา</li> </ul>	START FROM ฿ 180,000
<ul style="list-style-type: none"> <li>• TUMMY TUCK หน้าท้อง</li> </ul>	START FROM ฿ 140,000
<ul style="list-style-type: none"> <li>• EYE SURGERY ศัลยกรรมตา, ตาสองชั้น</li> </ul>	START FROM ฿ 19,000
<ul style="list-style-type: none"> <li>• NOSE SURGERY ศัลยกรรมจมูก</li> </ul>	START FROM ฿ 18,000
<ul style="list-style-type: none"> <li>• FAT TRANSFER การฉีดเติมเต็มด้วยไขมัน</li> </ul>	START FROM ฿ 140,000
<b>BOTOX INJECTION</b>	
<ul style="list-style-type: none"> <li>• CROWS FEET รอยย่นหางตา</li> </ul>	฿ 2,900
<ul style="list-style-type: none"> <li>• FOREHEAD LINES รอยย่นระหว่างหน้าผาก</li> </ul>	฿ 2,900
<ul style="list-style-type: none"> <li>• JAW LINES ลดกราม</li> </ul>	฿ 2,900
<ul style="list-style-type: none"> <li>• ALL FACE (CROWS FAT, FOREHEAD, FROWN LINE)</li> </ul>	฿ 6,900
<b>FILLERS</b> ฉีดฟิลเลอร์	
<ul style="list-style-type: none"> <li>• RESTYLANE 1 CC</li> </ul>	} START FROM ฿ 16,000
<ul style="list-style-type: none"> <li>• PERLANE 1 CC</li> </ul>	
<ul style="list-style-type: none"> <li>• RESTYLAND 1 CC</li> </ul>	
<b>IV THERAPY</b> วิตามินน้ำฉีด	
<ul style="list-style-type: none"> <li>• VITAMIN COCKTAIL สูตรบำรุงร่างกายด้วยวิตามิน</li> </ul>	} START FROM ฿ 1,500
<ul style="list-style-type: none"> <li>• CHELATION กำจัดโลหะหนัก</li> </ul>	
<ul style="list-style-type: none"> <li>• IMMUNE BOOST กระตุ้นภูมิคุ้มกัน</li> </ul>	
<ul style="list-style-type: none"> <li>• SKIN BRIGHTENING ผิวกระจ่างใส</li> </ul>	
<b>GENERAL PRACTICE</b> โปรแกรมตรวจสุขภาพ	
<ul style="list-style-type: none"> <li>• CHEST XRAY เอ็กซเรย์ปอด</li> </ul>	฿ 500
<ul style="list-style-type: none"> <li>• ULTRASOUND อัลตราซาวด์</li> </ul>	฿ 3,000
<ul style="list-style-type: none"> <li>• EKG คลื่นไฟฟ้าหัวใจ</li> </ul>	฿ 500

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# ONLY THERAPY

THERAPIES	
<b>LABORATORY TEST</b> ตรวจทางห้องปฏิบัติการ	
<ul style="list-style-type: none"> <li><b>FULL CHECK UP PACKAGE</b> โปรแกรมตรวจสุขภาพ</li> </ul>	
DIAMOND	฿ 19,000
PLATINUM	฿ 13,400
SILVER	฿ 9,400
GENERAL	฿ 4,900
<ul style="list-style-type: none"> <li><b>ALLERGY TEST</b> ตรวจภูมิแพ้ทั้งไปและภูมิแพ้อาหาร</li> </ul>	
20 TEST	฿ 3,000
40 TEST	฿ 4,000
222 TEST	฿ 18,000
<ul style="list-style-type: none"> <li><b>CANCER CHECKING</b> ตรวจหาสารบ่งชี้มะเร็ง</li> </ul>	
MALE	฿ 3,600
FEMALE	฿ 4,800
<ul style="list-style-type: none"> <li><b>HEAVY METALS</b> ตรวจโลหะหนักในร่างกาย</li> </ul>	
<ul style="list-style-type: none"> <li><b>ALL MINERALS AND VITAMIN CHECKING</b> ตรวจแร่ธาตุและวิตามินในร่างกาย</li> </ul>	
PHYSIOTHERAPY กายภาพบำบัด	START FROM ฿ 1,500 / SESSION
<b>ATP 38 BIOTIMULATION</b> การฟื้นฟูร่างกายด้วยเครื่องเลเซอร์ ATP	
<ul style="list-style-type: none"> <li><b>PHOTOTONIC SKIN CELL REPAIR</b> (Acne, eczema, wrinkles, scar, burns, psoriasis) การฉายแสงเลเซอร์บำบัด (รอยสัก, ฝ้า, รอยริ้วรอย, รังรอยบนใบหน้า, แผลเป็น, แผลไฟไหม้, โรดสะเก็ดผื่น)</li> </ul>	
<ul style="list-style-type: none"> <li><b>LUNGS</b> ปอด</li> </ul>	
<ul style="list-style-type: none"> <li><b>UPPER AND LOWER BACK</b> หลังส่วนบนและส่วนล่าง</li> </ul>	
<ul style="list-style-type: none"> <li><b>COLON, LIVER, GALLBLADDER</b> ลำไส้ใหญ่, ตับ, ถุงน้ำดี</li> </ul>	
<ul style="list-style-type: none"> <li><b>LARGE INTESTINE, STOMACH</b> ลำไส้เล็ก, กระเพาะอาหาร</li> </ul>	
START FROM ฿ 500 / PROGRAM	

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Citycare Medical, Wellness & Fitness Center

## WELLNESS PACKAGES

For booking and inquires:

Ms. BRENDA GOGO

WELLNESS MANAGER

+66 76 63 33 05 ext. 20

+66 95 0367 6036

[wellness@citycarephuket.com](mailto:wellness@citycarephuket.com)



**CITYCARE**  
Medical & Wellness center